



3rd February 2023

Dear parents and carers,

We have ended the week, feeling rather sporty – on Thursday afternoon our netball team took on Blackwater in what was their first match. The result didn't go our way, but we were incredibly proud of how well the children played and their sportmanship.



This afternoon we have taken 40 children from the Bur Oaks and Red Oaks to a cross country competition, it has been wonderful to have so many children who are keen to take part. Next month, the annual Coose Trannack cross country event takes place, many of our children may be keen to take part. Details of registering below.



This week in our key stage 2 assembly we looked at the deforestation of the Amazon Rainforest in Brazil and discussed the question 'Does the natural world have rights?'. As always, our children showed some incredible insights, a depth of thought about what is happening in the world and a strong social conscience. There is a 'Take Home' activity linked to the assembly which you may want to look and talk about with your child/children.

Next week we will be having a whole school focus on mental health during Children's Mental Health week. Each class will be undertaking some age appropriate activities linked to this.

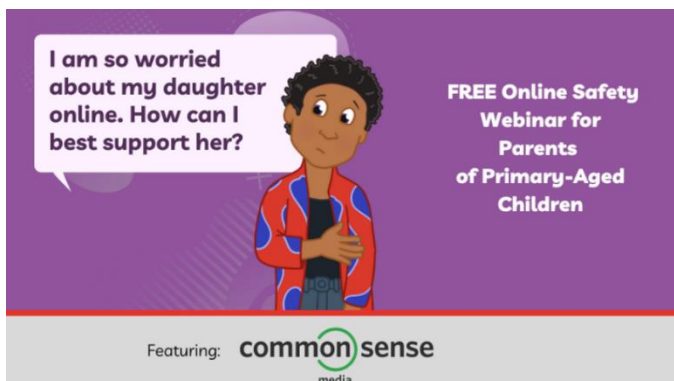
We will also be talking about staying safe online as part of Safer Internet Day on the 7th February. Linked to this, our latest online safety newsletter can be found [HERE](#) also look out for details of a free online safety webinar below.

A busy week before the half term break next week, with several trips taking place and our reward 'Brilliant' afternoon taking place on Friday.

I hope you all have a great weekend.

Mr Hick

Free Online Safety Webinar



I am so worried about my daughter online. How can I best support her?

FREE Online Safety Webinar for Parents of Primary-Aged Children

Featuring: **common sense** media

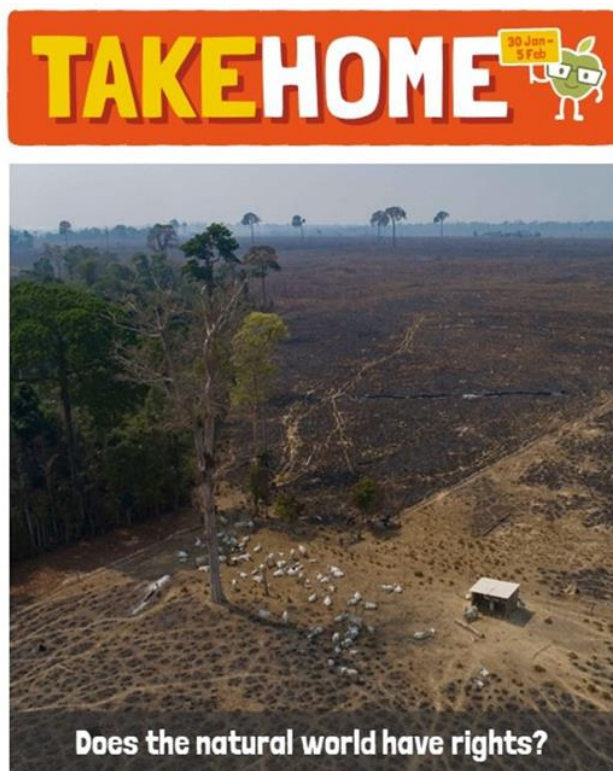
The event takes place on:
Thursday February 9th at 7pm

[Webinar Access Link](#)

Viewing is through [YouTube](#), no login required, parents simply need to click the link (shared above) on Thursday evening at 7pm.

Assembly – Take Home Activity

As highlighted above we have been talking about the Amazon rainforest, as part of our 'what's in the news' assemblies. You may want to have a look/discussion with your child/children using the prompt below.



TAKEHOME 30 Jan - 5 Feb

Does the natural world have rights?

In the news this week

Brazil's new president has said he aims to reduce deforestation and help protect the Amazon rainforest. In his first speech, Luiz Inácio da Silva (also known as Lula), promised to make climate protection a priority and explained he wanted to reach zero deforestation in the Amazon. Scientists often call the rainforest the 'lungs of the planet', because of the role it plays in absorbing carbon dioxide and producing oxygen, saying that preservation of the Amazon is vital to stopping climate change.

Things to talk about at home ...

- Share what you know about the Amazon rainforest with others at home and talk with others about what they know.
- Do you believe enough is being done to protect the Amazon rainforest? Do you think the natural habitats close to where you live are protected?
- Whose responsibility do you consider it is to protect natural habitats?

Please note any interesting thoughts or comments

World Book Day

Advance notice - this will take place on 2nd March. Exact detail of what our day will look like are to be confirmed but it will involve dressing up as a book character!



Coose Trannak Cross Country – 11th March 2023

I know we have several keen runners in our school and therefore the Coose Trannack event may be of interest to many of them. This year, we will again be registering and paying for any of our children that would like to take part and represent the school.

The event is open to ALL children of school age from Yr R through to U16 and there is also an Adult Race (4800m) for ages 16 and over. The event will start @ 09:35 (for the youngest and will end at around 1pm. See below:

- Yr.R 300m 10:00am
- Yr.1 500m 10:15am
- Yr.2 500m 10:30am
- Yr.3 900m 10:45am
- Yr.4 1200m 11:00am
- Yr.5 1500m 11:15am
- Yr.6 1800m 11:30am
- Medals and Trophies at 12.15pm



Parents/carers will need to be responsible for their children on the day.

If any children would like to take part then please complete the google form [HERE](#) so that I can register the children for the event. Please complete by Wednesday 8th February.

Trips

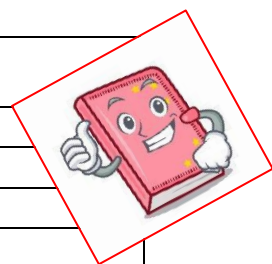
Details have come out recently from individual classes about curriculum trips/visits that are taking place this term, including:

- Bur Oaks – 7th February. River exploration trip.
- Seedlings – 9th February. Newquay Zoo
- Young Oaks – 9th February. Eden Project
- Buds – 22nd February. St Michael's Mount.



We are really pleased to be able to have a number of different experiences happening that we hope will enhance the children's learning. Payment and consent forms are all on ParentPay for these. Please remember to send back any school packed lunch requests for these.

Dates For Your Diary



| | |
|-------------------|--|
| 7.2.23 | Bur Oaks' School Trip – Truro River exploration. |
| 9.2.23 | Seedlings' School Trip – Newquay Zoo |
| 9.2.23 | Young Oaks' School Trip – Eden Project |
| 22.2.23 | Buds' School Trip – St Michael's Mount |
| 13.2.23 – 17.2.23 | HALF TERM HOLIDAY |
| 20.2.23 | Start of half term |
| 27.2.23 | Year 4 - two week swimming block begins. Hats and goggles needed. |
| 2.3.23 | WORLD BOOK DAY |
| 17.3.23 | RED NOSE DAY |
| 3.4.23 – 14.4.23 | EASTER HOLIDAYS |
| 17.4.23 | Start of summer term |
| 29.5.23 – 2.6.23 | HALF TERM HOLIDAY |
| 5.6.23 | Start of half term |
| 21.7.23 | End of term for children |



GOLDEN AWARD WINNERS

| | |
|-------------|-------------------|
| ACORNS | Theo & Summer |
| SEEDLINGS | Lily & Olivia |
| BUDS | Lewis & Sophia |
| YOUNG OAKS | Lauren & Stanley |
| BUR OAKS | Bailey & Lily-Mae |
| RED OAKS | Skyla & Jacob |
| MIGHTY OAKS | Charlie & Logan |



FEBRUARY HALF-TERM HOLIDAY COURSES

ACROSS THE SOUTH WEST...



FOR ALL CHILDREN AGED 2-12 YEARS

PRIZES & GIVEAWAYS

EARLY DROP OFF-AVAILABLE

THE INFO...



10AM-3PM

(9AM EARLY DROP-OFF AVAILABLE)



DEVON, SOMERSET & CORNWALL
(AT VARIOUS LOCATIONS)



£18.00



FEBRUARY 2022



WWW.SAINTSSOUTHWEST.CO.UK

#SAINTSSW





HALF TERM
CRICKET
CAMPS

CRICKET CENTRE | TRURO



SOFTBALL

13TH-14TH FEB | 10-3PM

£15 PER DAY | YEARS 1-5

To book your place - <https://booking.ecb.co.uk/d/71q20d>

HARDBALL

15TH-16TH FEB | 10-3PM

£20 PER DAY | YEARS 4-8

To book your place - <https://booking.ecb.co.uk/d/jlq204>

BRING PACKED LUNCH & SNACKS

MALABAR, TRURO OASIS GROUP



Are you the parent/carer/grandparent of a child/young person between 0-25 with a disability/additional need? If so, join us for a cuppa and chat with other parent/carers in a similar situation and share your experiences.

Meetings are Tuesdays
10th Jan, 7th Feb,
7th Mar, 18th Apr
from 9.30am - 11.30am



at New Beginnings Community Centre, Albany Rd, Truro. TR1 3ND



For further information please contact

friendsofface2face@gmail.com

OR find us on facebook at

FRIENDS OF FACE2FACE CORNWALL

Family Worker Drop In Sessions



Early Help FW Drop In Sessions 2023

Need support with your child -

- How to better understand your child's needs & behaviours
- Advice on positive parenting and how to keep your child safe
- How to better understand the importance of routines for your family

If you would like to be able to talk in confidence, just pop along, we are here to help and support you.

All parents and carers are welcome.

Family Worker Drop In Sessions

Perranporth Family Hub
Liskey Hill
Perranporth
TR6 0EU

Wednesdays - 25th January, 22nd
February, 29th March & 26th April
9.00am to 10.00am

St Pauls Family Hub
Moresk Road
Truro
TR1 1BP

Thursdays - 12th January,
9th February & 9th March
2.00pm to 3.00pm

Contact us for more information

Email: carrick.familyhubs@cornwall.gov.uk

Call: 01872 322661

Carrick Spring Term Parenting Schedule

January – March 2023

Being Passionate About Parenting 4 -11 years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

| Day | Week1 | Week 2 | Week3 | Time | Where | Availability |
|-----------|------------------------------|------------------------------|------------------------------|------------------------|-------------------------------|--------------|
| Wednesday | 11 th January | 18 th January | 25 th January | 10.00- 11.30a m | Virtual Microsoft teams | |
| Friday | 27 th January | 3 rd February | 10 th February | 10.00 - 11.30a m | Falmouth Family Hub | |
| Tuesday | 21 st February | 28 th February | 7 th March | 1.00 - 2.30pm | Virtual Microsoft teams | |

Being Passionate About Parenting Early Years 1-3 years

A 3-week workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carers Topics in this workshop include: - child led play, special time, praise, limited choices use of language, routines etc.

| Day | Week1 | Week 2 | Week 3 | Time | Where | Availability |
|----------|-----------------------------|-----------------------------|-----------------------------|-------------------|-------------------------------|--------------|
| Thursday | 19 th January | 26 th January | 2 nd February | 10.00- 11.30am | Virtual Microsoft teams | |

Being Passionate About Parenting with ADHD 4-11 years

A 3-week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and supporting them with practical strategies and top tips.

| Day | Week1 | Week 2 | Week 3 | Time | Where | Availability |
|---------|------------------------------|------------------------------|-----------------------------|-------------------|-------------------------------|-------------------|
| Tuesday | 10 th January | 17 th January | 24 th January | 12.30- 2.30pm | Virtual Microsoft teams | Limited spaces |
| Monday | 23 rd January | 30 th January | 6 th February | 10.30- 12.30 | Virtual Microsoft teams | |
| Monday | 20 th February | 27 th February | 6 th March | 10.00- 11.30am | Virtual Microsoft teams | Limited spaces |

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|-----------|------------------------------|---------------------------|---------------------------|-------------------|----------------------------------|--|
| Wednesday | 22 nd February | 1 st March | 8 th March | 10.00- 12.00 | Malpas Family Hub Truro | |
| Thursday | 16 th March | 23 rd March | 30 th March | 12.30 - 2.30pm | Virtual Microsoft teams | |

Being Passionate About Parenting with Spectrum Awareness

4 -11years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes: Fact and Fiction about the

Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

| Day | Week1 | Week2 | Week3 | Time | Where | Availability |
|-----|-------|-------|-------|------|-------|--------------|
|-----|-------|-------|-------|------|-------|--------------|

| | | | | | | |
|----------------------------|------------------------------|------------------------------|-----------------------------|----------------------|-------------------------------|------|
| Wednesday 25 th | 25 TH January | 1 st February | 8 th February | 6.30 - 8.30p m | Virtual Microsoft teams | Full |
| Tuesday | 21 st February | 28 th February | 7 th March | 10.00- 12.00 | Virtual Microsoft teams | |
| Thursday | 2 nd March | 9 th March | 16 th March | 6.30- 8.30p m | Virtual Microsoft teams | |
| Friday | 10 th March | 17 th March | 24 th March | 10.00 - 12noon | Virtual Microsoft teams | |

Take 3 12-17 years

5 weeks

A 10 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

| Day | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Time | Where | Availability |
|-----------|--------------------------|--------------------------|---------------------------|---------------------------|---------------------------|---------------|-------------------------------|--------------|
| Thursday | 12 th Jan | 19 th Jan | 26 th Jan | 2 nd Feb | 9 th Feb | 6.30- 8.30 | Virtual Microsoft teams | Full |
| Wednesday | 1 st March | 8 th March | 15 th March | 22 nd March | 29 th March | 6.30- 8.30 | Virtual Microsoft teams | |

Take 3 12-17 years

10 weeks face to face

A 20 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

| Day | Wk1 | Wk2 | WK3 | WK4 | Wk5 | Wk6 | Wk7 | Wk8 | Wk9 | Wk10 | Time | Venue |
|------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|------------------------|-------------------------|-------------------------|-----------------|----------------------------------|
| Tues | 10 th Jan | 17 th Jan | 24 th Jan | 31 st Jan | 7 th Feb | 21 st Feb | 28 th Feb | 7 th Mar | 14 th Mar | 21 st Mar | 10.00- 12.00 | Newquay Family Hub |
| Mon | 27 th Feb | 6 th Mar | 13 th Mar | 20 th Mar | 27 th Mar | 17 th Apr | 24 th Apr | 1 st May | 8 th May | 15 th May | 10.00- 12.00 | Malpas Family Hub Truro |

Being Passionate about the Teenage Brain

A 6 hour workshop for Parents / Carers of young people aged 12 to 17 (Secondary years 7 to 11). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims of the workshop include: To build relationships with our young people. To develop positive strategies to support behaviour management. To provide support, information and confidence to Parents/ Carers. Topics in this workshop include: boundaries and communication, emotions, keeping calm, praise, the teenage brain, parenting styles etc.

| Day | Week 1 | Week2 | Week 3 | Time | Where | Availability |
|-----|--------|-------|--------|------|-------|--------------|
|-----|--------|-------|--------|------|-------|--------------|

| | | | | | | |
|----------|------------------------------|--------------------------|--------------------------|------------------|-------------------------------|--|
| Thursday | 23 rd February | 2 nd March | 9 th March | 10am – 12noon | Virtual Microsoft teams | |
|----------|------------------------------|--------------------------|--------------------------|------------------|-------------------------------|--|

To book a place or for further information please contact the Early Help Hub.

- 01872 322277 Email: earlyhelphub@cornwall.gov.uk
- www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/parents-carers-early-help-requests



SCAN THE QR CODE
TO REGISTER



GIRLS CRICKET 2023

REGISTER TO PLAY!

OPEN TO AGES 7-18 | ALL ABILITIES WELCOME

FOLLOWING THE REGISTRATION PHASE ALL PLAYERS WILL BE GROUPED
INTO GEOGRAPHICAL TEAMS TO PLAY FIXTURES IN THE SUMMER

CONTACT KELLIE WILLIAMS FOR MORE INFORMATION:
wgdo@cornwallcricket.co.uk