



## 16th December 2022

Dear parents and carers,

We have had a great last week of term, which has been well and truly taken over by Christmas! I am always very proud of our children and especially so for their efforts this week.

On Monday we were incredibly impressed by our youngest children, the Acorns, who produced a fantastic nativity. We all loved the confidence that they showed in getting up on the stage, singing and saying their lines. No mean feat when you are four or five years old. This was followed up on Tuesday, with an awesome performance by the Seedlings and Buds of Christmas with the Aliens. Again, I was blown away by the confidence and resilience that the children demonstrated, for many overcoming their nerves and being able to stand, talk, act and sing in front of a packed school hall.

It is probably one of the worst kept secrets but we had hoped to have a visit by Father Christmas by helicopter on Tuesday. Unfortunately, the conditions in the North Pole and some tinkering by mischievous elves meant this this couldn't happen. Luckily, we did manage to get Father Christmas to the school on Wednesday, this time by tractor and assisted by Eric. A big THANK YOU to Father Christmas and all those who helped to make this happen.



We ended the week on a real high with two carol concerts from the children in key stage 2 yesterday. These were quite simply BRILLIANT!

So many people have been involved in making all of these events a success and I am sure you would join me in thanking everyone in our team for their efforts.

I hope you all have a Merry Christmas and a Happy New Year.

Mr Hick



## Ministers for Chacewater School Parliament

This week classes held elections for our new school parliament. We have been very impressed by how seriously the children took this and also how they all had many great ideas about things we could do in school. All of the elections were close but in the end for the spring term our ministers will be:

- Acorns – Locryn and Olivia
- Seedlings – Thea and Grace
- Buds – Riley and Ella-Grace
- Young Oaks – Isla and Saphena
- Bur Oaks – Freddie and Ella
- Red Oaks – Skyla and Ella
- Mighy Oaks – Isla, Ted and Alana



I am looking forward to our first meeting in the new year.

## From the PTA

Thank you so so much to all of you for your support this year. It's been amazing to get back to "normal" and be able to organise events to bring us all back together and see the children enjoying themselves!

Since September you have helped us raise a massive £1900 for our school..... not bad for 3 months!!

As a thank you, we are gifting each class a £150 Amazon voucher to spend as they need for the classroom....Merry Christmas from us!

Merry Christmas everyone and we look forward to more fun events in 2023!!!

Chacewater PTA

## Strep A

As you may be aware from the news over the last week or so, there has been an increase in cases of Strep A in children across the UK. We are all acutely aware of this and so this week I wrote to you with updated information which was provided by our academy trust team. A copy of this letter can be found [HERE](#).

## School Places

If you have any children that are due to start school in September 2023 then please remember that the deadline for admission is the 15<sup>th</sup> January. You can apply via the local authority website [HERE](#). We are likely to have some available spaces in reception this year and so if you know children in the nearby area that might want to join our school, then I would be more than happy to show them and their families around in the new year.



<b><u>Dates For Your Diary</u></b>	
16.12.22	End of Term
<b>3.1.23</b>	<b>Start of Spring Term</b>
13.2.23 – 17.2.23	HALF TERM HOLIDAY
20.2.23	Start of half term
3.4.23 – 14.4.23	EASTER HOLIDAYS
17.4.23	Start of summer term
29.5.23 – 2.6.23	HALF TERM HOLIDAY
5.6.23	Start of half term
21.7.23	End of term for children



## **GOLDEN AWARD WINNERS**

ACORNS	Dylan & All of the Acorns
SEEDLINGS	Ella & All of the Seedlings
BUDS	Theo, Arthur & Stanley
YOUNG OAKS	Isla A & Stanley
BUR OAKS	Oscar & Leo
RED OAKS	Courtney & Sasha
MIGHTY OAKS	All of the Mighty Oaks



Signposting



the national sleep helpline

# Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?  
Will your child not sleep in their own bed?

WE CAN HELP

**03303 530 541**  
Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am

the national sleep helpline

**50%**

## Around 50% of children will have a sleep issue at some point\*

**WHAT IS THE NATIONAL SLEEP HELPLINE?**  
In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

**HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?**

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

**03303 530 541**  
Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am

FOUNDED BY the sleep charity

IN PARTNERSHIP WITH Furniture Village

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\*Survey of 2,000 adults by OnePoll, Aug 2021



**OUR  
GREAT  
LITTLE  
Festive  
CITY**

Fri 18<sup>th</sup> Nov **Festive Friday**

**Sponsored by Great Western Railway**

With Pirate FM's Johnny Cowling & Lucy Start – includes Christmas Lights Switch-on, parade with Father Christmas, markets & entertainment – the fun starts from 3pm

From 23<sup>th</sup> Nov **Wednesday Late Night Shopping**

On Wed 7<sup>th</sup>, Wed 14<sup>th</sup> & Wed 21<sup>st</sup> Dec main shopping streets traffic-free from 2pm & Street Food in Boscawen Street from 3pm

**Truro Farmers Market – BIG Christmas Market**

Selected dates from Friday 2nd December

From Wed 7<sup>th</sup> Dec **Finding Father Christmas Grotto at Truro Cathedral**

See website for all dates, booking essential

Sat 17<sup>th</sup> Dec **Street Food in Boscawen St**

With main shopping streets traffic-free all day

Sat 31<sup>st</sup> Dec **New Year's Fireworks**

Family display at 7.30pm & New Year's display at midnight

For information on Truro's festive events go to:

**[visitruro.org.uk](http://visitruro.org.uk) @visitruro**

**Scan  
for  
more  
info**



Events brought to you by  
Truro BID, Truro City Council  
& Truro Farmers Market

Visit Truro is a service provided  
by Truro City Council

Illustration by Anastasia Pedersen

# FINDING *Father Christmas* at Truro Cathedral



Truro Cathedral is hosting a Father Christmas Grotto and unique storytelling experience

7<sup>th</sup> 14<sup>th</sup> 19<sup>th</sup> 20<sup>th</sup> & 21<sup>st</sup> December

To book tickets for this magical Christmas experience with Coppice Theatre go to: [VISITTRURO.ORG.UK](https://www.visittruro.org.uk)

Funded by



For information on all Truro's festive events go to [visittruro.org.uk](https://www.visittruro.org.uk) @visittruro

**CHRISTMAS**

# Cricket Camps



Cornwall  
Cricket

## Soft Ball

MONDAY 19TH DEC, TUESDAY 20TH DEC  
10-3PM  
SCHOOL YEARS 1-4  
£15 PER CHILD



## Hard Ball

WEDNESDAY 21ST DEC, THURSDAY 22ND DEC  
10-3PM  
SCHOOL YEARS 5-8  
£20 PER CHILD



LOCATION - CORNWALL CRICKET CENTRE

TO BOOK YOUR SPOT  
<https://cornwallcricket.co.uk/junior-cricket/holiday-camps.html>

*Any booking queries contact*

**ADMIN@CORNWALLCRICKET.CO.UK**



# Carrick Spring Term Parenting Schedule

## January – March 2023

### Being Passionate About Parenting 4 -11 years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

Day	Week1	Week 2	Week3	Time	Where	Availability
Wednesday	11 <sup>th</sup> January	18 <sup>th</sup> January	25 <sup>th</sup> January	10.00- 11.30a m	Virtual Microsoft teams	
Friday	27 <sup>th</sup> January	3 <sup>rd</sup> February	10 <sup>th</sup> February	10.00 - 11.30a m	Falmouth Family Hub	
Tuesday	21 <sup>st</sup> February	28 <sup>th</sup> February	7 <sup>th</sup> March	1.00 - 2.30pm	Virtual Microsoft teams	

### Being Passionate About Parenting Early Years 1-3 years

A 3-week workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carers Topics in this workshop

include: - child led play, special time, praise, limited choices use of language, routines etc.

Day	Week1	Week 2	Week 3	Time	Where	Availability
Thursday	19 <sup>th</sup> January	26 <sup>th</sup> January	2 <sup>nd</sup> February	10.00- 11.30am	Virtual Microsoft teams	

## Being Passionate About Parenting with ADHD 4-11 years

A 3-week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and supporting them with practical strategies and top tips.

Day	Week1	Week 2	Week 3	Time	Where	Availability
Tuesday	10 <sup>th</sup> January	17 <sup>th</sup> January	24 <sup>th</sup> January	12.30- 2.30pm	Virtual Microsoft teams	Limited spaces
Monday	23 <sup>rd</sup> January	30 <sup>TH</sup> January	6 <sup>th</sup> February	10.30- 12.30	Virtual Microsoft teams	

Monday	20 <sup>th</sup> February	27 <sup>th</sup> February	6 <sup>th</sup> March	10.00- 11.30a m	Virtual Microsoft teams	Limited spaces
Wednesday	22 <sup>nd</sup> February	1 <sup>st</sup> March	8 <sup>th</sup> March	10.00- 12.00	Malpas Family Hub Truro	
Thursday	16 <sup>th</sup> March	23 <sup>rd</sup> March	30 <sup>th</sup> March	12.30 - 2.30pm	Virtual Microsoft teams	

## Being Passionate About Parenting with Spectrum Awareness

### 4 -11years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes: Fact and Fiction about the

Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

Day	Week1	Week2	Week3	Time	Where	Availability
Wednesday 25 <sup>th</sup>	25 <sup>TH</sup> January	1 <sup>st</sup> February	8 <sup>th</sup> February	6.30 - 8.30p m	Virtual Microsoft teams	Full
Tuesday	21 <sup>st</sup> February	28 <sup>th</sup> February	7 <sup>th</sup> March	10.00- 12.00	Virtual Microsoft teams	
Thursday	2 <sup>nd</sup> March	9 <sup>th</sup> March	16 <sup>th</sup> March	6.30- 8.30p m	Virtual Microsoft teams	
Friday	10 <sup>th</sup> March	17 <sup>th</sup> March	24 <sup>th</sup> March	10.00 - 12noon	Virtual Microsoft teams	

## Take 3 12-17 years

### 5 weeks

A 10 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

Day	Week 1	Week 2	Week 3	Week 4	Week 5	Time	Where	Availability
Thursday	12 <sup>th</sup> Jan	19 <sup>th</sup> Jan	26 <sup>th</sup> Jan	2 <sup>nd</sup> Feb	9 <sup>th</sup> Feb	6.30- 8.30	Virtual Microsoft teams	Full
Wednesday	1 <sup>st</sup> March	8 <sup>th</sup> March	15 <sup>th</sup> March	22 <sup>nd</sup> March	29 <sup>th</sup> March	6.30- 8.30	Virtual Microsoft teams	

## Take 3 12-17 years

### 10 weeks face to face

A 20 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

Day	Wk1	Wk2	WK3	WK4	Wk5	Wk6	Wk7	Wk8	Wk9	Wk10	Time	Venue
Tues	10 <sup>th</sup> Jan	17 <sup>th</sup> Jan	24 <sup>th</sup> Jan	31 <sup>st</sup> Jan	7 <sup>th</sup> Feb	21 <sup>st</sup> Feb	28 <sup>th</sup> Feb	7 <sup>th</sup> Mar	14 <sup>th</sup> Mar	21 <sup>st</sup> Mar	10.00- 12.00	Newquay Family Hub
Mon	27 <sup>th</sup> Feb	6 <sup>th</sup> Mar	13 <sup>th</sup> Mar	20 <sup>th</sup> Mar	27 <sup>th</sup> Mar	17 <sup>th</sup> Apr	24 <sup>th</sup> Apr	1 <sup>st</sup> May	8 <sup>th</sup> May	15 <sup>th</sup> May	10.00- 12.00	Malpas Family Hub Truro

## Being Passionate about the Teenage Brain

A 6 hour workshop for Parents / Carers of young people aged 12 to 17 (Secondary years 7 to 11). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims of the workshop include: To build relationships with our young people. To develop positive strategies to support behaviour management. To provide support, information and confidence to Parents/ Carers. Topics in this workshop include: boundaries and communication, emotions, keeping calm, praise, the teenage brain, parenting styles etc.

Day	Week 1	Week2	Week 3	Time	Where	Availability
Thursday	23 <sup>rd</sup> February	2 <sup>nd</sup> March	9 <sup>th</sup> March	10am – 12noon	Virtual Microsoft teams	

**To book a place or for further information please contact the Early Help Hub.**

- 01872 322277 Email: [earlyhelphub@cornwall.gov.uk](mailto:earlyhelphub@cornwall.gov.uk)
- [www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/parents-carers-early-help-requests](http://www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/parents-carers-early-help-requests)