



6th January 2023



Dear parents and carers,

It has been wonderful to welcome everyone back to school in 2023 and I hope you all had an enjoyable and relaxing Christmas holiday. I am sure that it already feels like a distant memory!

I have been really impressed (and pleased) with how all of the children have settled back to school, despite the very dark and gloomy mornings, I have seen plenty of smiles and a great attitude to learning. WELL DONE children! This half term our main curriculum driver is geography and we will be looking at developing our children's:



➤ Place Knowledge



➤ Locational Knowledge



➤ Knowledge of environmental, human and physical processes



➤ Geographical and fieldwork skills

This year we are looking to further develop how we use pictures and icons to aid children's memory and recall of key knowledge and facts. Look out for 'Leap into Letters' and 'Knowledge Organisers' that will be coming home and outline some of the key learning that will be taking place this half term.

Over the course of this half term our British Value focus will be '**Tolerance**' and on our first assembly back we discussed the importance of this value in our school and in our lives in general. We spoke about how it would be a pretty dull world if we were all the same. We will explore this really important value more, over the coming weeks.

I hope you all have a great weekend.

Mr Hick

You can **really**
like one thing
without **hating**
everything else



Online Safety

Our latest online safety newsletter can be found [HERE](#). This is definitely worth looking at and includes some great advice in setting up parental controls.



Clubs

After school clubs will begin in the week beginning 16th January and will run throughout the spring term. As before we are asking you to select any clubs that your child may wish to do over the term and put in order of preference. Where clubs are oversubscribed we will endeavour to make sure that everyone has a place on at least one. If clubs have more space then children may be allocated more than one.

This form will close on Wednesday 11th January in the morning at 10am and we will let children know which club (s) they have at the end of the week.

Sign up for key stage 1 clubs [HERE](#).

Sign up for key stage 2 clubs [HERE](#).

School Places

If you have any children that are due to start school in September 2023 then please remember that the deadline for admission is the 15th January. You can apply via the local authority website [HERE](#). We are likely to have some available spaces in reception this year and so if you know children in the nearby area that might want to join our school, then I would be more than happy to show them and their families around in the coming weeks.

Ministers for Chacewater School Parliament

Before Christmas, classes held elections for our new school parliament. We have been very impressed by how seriously the children took this and also how they all had great ideas about things we could do in school. All of the elections were close but in the end for the spring term our ministers will be:

- Acorns – Locryn and Alivia
- Seedlings – Thea and Grace
- Buds – Riley and Ella-Grace
- Young Oaks – Isla and Saphena
- Bur Oaks – Freddie and Ella
- Red Oaks – Skyla and Ella
- Mighty Oaks – Isla, Ted and Alan



We will be having our first meeting in the next two weeks.



<u>Dates For Your Diary</u>	
13.2.23 – 17.2.23	HALF TERM HOLIDAY
20.2.23	Start of half term
3.4.23 – 14.4.23	EASTER HOLIDAYS
17.4.23	Start of summer term
29.5.23 – 2.6.23	HALF TERM HOLIDAY
5.6.23	Start of half term
21.7.23	End of term for children



GOLDEN AWARD WINNERS

ACORNS	Adelie & Lily
SEEDLINGS	Jensen & James
BUDS	Theodore & Oscar
YOUNG OAKS	Jasmine & Holly
BUR OAKS	Harry & Ella-Jane
RED OAKS	Bronnen & Shyann
MIGHTY OAKS	Charlie, Riley & Alana



Signposting



the national sleep helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?
Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

the national sleep helpline

50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?
In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

FOUNDED BY the sleep charity

IN PARTNERSHIP WITH Furniture Village

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*Survey of 2,000 adults by OnePoll, Aug 2021

Carrick Spring Term Parenting Schedule

January – March 2023

Being Passionate About Parenting 4 -11 years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

Day	Week1	Week 2	Week3	Time	Where	Availability
Wednesday	11 th January	18 th January	25 th January	10.00- 11.30a m	Virtual Microsoft teams	
Friday	27 th January	3 rd February	10 th February	10.00 - 11.30a m	Falmouth Family Hub	
Tuesday	21 st February	28 th February	7 th March	1.00 - 2.30pm	Virtual Microsoft teams	

Being Passionate About Parenting Early Years 1-3 years

A 3-week workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carers Topics in this workshop include: - child led play, special time, praise, limited choices use of language, routines etc.

Day	Week1	Week 2	Week 3	Time	Where	Availability
Thursday	19 th January	26 th January	2 nd February	10.00- 11.30am	Virtual Microsoft teams	

Being Passionate About Parenting with ADHD 4-11 years

A 3-week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and supporting them with practical strategies and top tips.

Day	Week1	Week 2	Week 3	Time	Where	Availability
Tuesday	10 th January	17 th January	24 th January	12.30- 2.30pm	Virtual Microsoft teams	Limited spaces
Monday	23 rd January	30 th January	6 th February	10.30- 12.30	Virtual Microsoft teams	
Monday	20 th February	27 th February	6 th March	10.00- 11.30am	Virtual Microsoft teams	Limited spaces

Wednesday	22 nd February	1 st March	8 th March	10.00- 12.00	Malpas Family Hub Truro	
Thursday	16 th March	23 rd March	30 th March	12.30 - 2.30pm	Virtual Microsoft teams	

Being Passionate About Parenting with Spectrum Awareness

4 -11years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes: Fact and Fiction about the

Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

Day	Week1	Week2	Week3	Time	Where	Availability
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Wednesday 25 th	25 TH January	1 st February	8 th February	6.30 - 8.30p m	Virtual Microsoft teams	Full
Tuesday	21 st February	28 th February	7 th March	10.00- 12.00	Virtual Microsoft teams	
Thursday	2 nd March	9 th March	16 th March	6.30- 8.30p m	Virtual Microsoft teams	
Friday	10 th March	17 th March	24 th March	10.00 - 12noon	Virtual Microsoft teams	

Take 3 12-17 years

5 weeks

A 10 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

Day	Week 1	Week 2	Week 3	Week 4	Week 5	Time	Where	Availability
Thursday	12 th Jan	19 th Jan	26 th Jan	2 nd Feb	9 th Feb	6.30- 8.30	Virtual Microsoft teams	Full
Wednesday	1 st March	8 th March	15 th March	22 nd March	29 th March	6.30- 8.30	Virtual Microsoft teams	

Take 3 12-17 years

10 weeks face to face

A 20 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

Day	Wk1	Wk2	WK3	WK4	Wk5	Wk6	Wk7	Wk8	Wk9	Wk10	Time	Venue
Tues	10 th Jan	17 th Jan	24 th Jan	31 st Jan	7 th Feb	21 st Feb	28 th Feb	7 th Mar	14 th Mar	21 st Mar	10.00- 12.00	Newquay Family Hub
Mon	27 th Feb	6 th Mar	13 th Mar	20 th Mar	27 th Mar	17 th Apr	24 th Apr	1 st May	8 th May	15 th May	10.00- 12.00	Malpas Family Hub Truro

Being Passionate about the Teenage Brain

A 6 hour workshop for Parents / Carers of young people aged 12 to 17 (Secondary years 7 to 11). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims of the workshop include: To build relationships with our young people. To develop positive strategies to support behaviour management. To provide support, information and confidence to Parents/ Carers. Topics in this workshop include: boundaries and communication, emotions, keeping calm, praise, the teenage brain, parenting styles etc.

Day	Week 1	Week2	Week 3	Time	Where	Availability
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Thursday	23 rd February	2 nd March	9 th March	10am – 12noon	Virtual Microsoft teams	
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To book a place or for further information please contact the Early Help Hub.

- 01872 322277 Email: earlyhelphub@cornwall.gov.uk
- www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/parents-carers-early-help-requests