



9th December 2022

Dear parents and carers,

Wow what a busy week it has been in school! There has been so much happening that is hard to know where to start.

I don't think that I have ever seen the hall so busy, with a busyness as the children prepare for nativities, performances and carol concerts. This a wonderful time to be working in a primary school – there is something a little magical when the school is filled with song and we are looking forward to sharing much of this next week.

This week we have been pleased to welcome both Janet (to talk about the sheep below the Village Hall) and the church's Open the Book team, who shared some of the Christmas story with us. We enjoyed the audience participation!

On Wednesday we had a brilliant Christmas lunch and everyone was very well looked after by our kitchen team. We are very grateful to them for all of their efforts not only for this day but also for how hard they work all year to get everyone fed! Our inflatable Santa has proved a popular visitor in the hall.



We are also very thankful to the PTA who gave every child a beautiful Christmas gift to accompany their lunch. Not only that, but they have also worked tirelessly to pull together the very exciting 'Tea with Santa'. THANK YOU from all of us.

We have ended this week with a number of the Bur Oaks representing the school in the Feetbeat competition at Richard Lander School. While, another group of key stage 2 children in the choir have visited two local care homes, to bring some Christmas cheer to some of the more elderly in our community.

I hope you all have a great weekend (come on England!).

Mr Hick

Strep A

As you may be aware from the news over the last week or so, there has been an increase in cases of Strep A in children across the UK. We are all acutely aware of this and so this week I wrote to you with updated information which was provided by our academy trust team. A copy of this letter can be found [HERE](#).

School Places

If you have any children that are due to start school in September 2023 then please remember that the deadline for admission is the 15th January. You can apply via the local authority website [HERE](#). We are likely to have some available spaces in reception this year and so if you know children in the nearby area that might want to join our school, then I would be more than happy to show them and their families around in the new year.

Christmas Jumper Day

We enjoyed the chance to dig out our Christmas Jumpers on Thursday. If you haven't donated yet for a very worthwhile charity, Save the Children, then you still can by following the link [here](#) or by scanning the QR code below.



Christmas Dates and Arrangements



Acorns - Nativity – Monday 12th December 2pm

This will take place in the hall at 2pm. Please come into the school through the front entrance. The nativity is probably about 25/30 minutes long.

Any photos that are taken during the performance should only be of your child and should not be shared on social media – thank you for your understanding and support with this.



Seedlings and Buds- Christmas With The Aliens - Tuesday 13th December 9.30am and 2pm

The morning performance will begin promptly at 9.30am – we need to be on time with this performance because we may have something very exciting happening a little later in the morning! You can come into the school via the front entrance from 9am.

The afternoon performance will begin at 2pm. You can come into school via the front entrance from 1.30pm.

There is **no photography allowed in these performances**. We will be taking lots of photos during the dress rehearsal and performance and will make these readily available for you. If you wish, you can take photos of your child on stage at the end of the performance. Thank you for your understanding and support with this.



KS2 Carol Concert – Thursday 15th December 1.30pm and 6pm

This will take place in Chacewater Church. We will need to use the front rows of the pews to seat some of the children - please look out for reserved signs!

For the afternoon performance we will walk the children up to the church for the school and walk them back following the performance.

For the evening performance we ask that the children **meet at the church for 5.40pm**. They need to be collected at the end of the carol concert from the church. The church will be very busy for the evening performance in particular so please be patient and flexible with seating.

We anticipate that each concert will be about 45 minutes.

Any photos that are taken during the concerts should only be of your child and should not be shared on social media – thank you for your understanding and support with this.



Dates For Your Diary

W/b: 12.12.22	Christmas week! Nativities and Carol Concert (see above)
16.12.22	End of Term
3.1.23	Start of Spring Term
13.2.23 – 17.2.23	HALF TERM HOLIDAY
20.2.23	Start of half term

3.4.23 – 14.4.23	EASTER HOLIDAYS
17.4.23	Start of summer term
29.5.23 – 2.6.23	HALF TERM HOLIDAY
5.6.23	Start of half term
21.7.23	End of term for children



GOLDEN AWARD WINNERS

ACORNS	Delilah-Rose & Olive
SEEDLINGS	Grace & Xander
BUDS	Dylan & Anneliese
YOUNG OAKS	Sophie & April
BUR OAKS	Rex & Ethan
RED OAKS	Rudi & Mariah
MIGHTY OAKS	Leighton, Finley & Bluebell



Signposting



the national sleep helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?
Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

the national sleep helpline

50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?
In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541
Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

FOUNDED BY the sleep charity

IN PARTNERSHIP WITH Furniture Village

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*Survey of 2,000 adults by OnePoll, Aug 2021



**OUR
GREAT
LITTLE
Festive
CITY**

Fri 18th Nov **Festive Friday**

Sponsored by Great Western Railway

With Pirate FM's Johnny Cowling & Lucy Start – includes Christmas Lights Switch-on, parade with Father Christmas, markets & entertainment – the fun starts from 3pm

From 23th Nov **Wednesday Late Night Shopping**

On Wed 7th, Wed 14th & Wed 21st Dec main shopping streets traffic-free from 2pm & Street Food in Boscawen Street from 3pm

Truro Farmers Market – BIG Christmas Market

Selected dates from Friday 2nd December

From Wed 7th Dec **Finding Father Christmas Grotto at Truro Cathedral**

See website for all dates, booking essential

Sat 17th Dec **Street Food in Boscawen St**

With main shopping streets traffic-free all day

Sat 31st Dec **New Year's Fireworks**

Family display at 7.30pm & New Year's display at midnight

For information on Truro's festive events go to:

visitruro.org.uk @visitruro

**Scan
for
more
info**



Events brought to you by
Truro BID, Truro City Council
& Truro Farmers Market

Visit Truro is a service provided
by Truro City Council

Illustration by Anastasia Pedersen

FINDING *Father Christmas* at Truro Cathedral



Truro Cathedral is hosting a Father Christmas Grotto and unique storytelling experience

7th 14th 19th 20th & 21st December

To book tickets for this magical Christmas experience with Coppice Theatre go to: [VISITTRURO.ORG.UK](https://www.visittruro.org.uk)

Funded by



VISIT TRURO

For information on all Truro's festive events go to [visittruro.org.uk](https://www.visittruro.org.uk) @visittruro

CHRISTMAS

Cricket Camps



Soft Ball

MONDAY 19TH DEC, TUESDAY 20TH DEC
10-3PM
SCHOOL YEARS 1-4
£15 PER CHILD



Hard Ball

WEDNESDAY 21ST DEC, THURSDAY 22ND DEC
10-3PM
SCHOOL YEARS 5-8
£20 PER CHILD

LOCATION - CORNWALL CRICKET CENTRE

TO BOOK YOUR SPOT
<https://cornwallcricket.co.uk/junior-cricket/holiday-camps.html>

Any booking queries contact

ADMIN@CORNWALLCRICKET.CO.UK



Carrick Spring Term Parenting Schedule

January – March 2023

Being Passionate About Parenting 4 -11 years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

Day	Week1	Week 2	Week3	Time	Where	Availability
Wednesday	11 th January	18 th January	25 th January	10.00- 11.30a m	Virtual Microsoft teams	
Friday	27 th January	3 rd February	10 th February	10.00 - 11.30a m	Falmouth Family Hub	
Tuesday	21 st February	28 th February	7 th March	1.00 - 2.30pm	Virtual Microsoft teams	

Being Passionate About Parenting Early Years 1-3 years

A 3-week workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carers Topics in this workshop

include: - child led play, special time, praise, limited choices use of language, routines etc.

Day	Week1	Week 2	Week 3	Time	Where	Availability
Thursday	19 th January	26 th January	2 nd February	10.00- 11.30am	Virtual Microsoft teams	

Being Passionate About Parenting with ADHD 4-11 years

A 3-week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and supporting them with practical strategies and top tips.

Day	Week1	Week 2	Week 3	Time	Where	Availability
Tuesday	10 th January	17 th January	24 th January	12.30- 2.30pm	Virtual Microsof t teams	Limited spaces
Monday	23 rd January	30 TH January	6 th Februar y	10.30- 12.30	Virtual Microsof t teams	

Monday	20 th February	27 th February	6 th March	10.00- 11.30a m	Virtual Microsoft teams	Limited spaces
Wednesday	22 nd February	1 st March	8 th March	10.00- 12.00	Malpas Family Hub Truro	
Thursday	16 th March	23 rd March	30 th March	12.30 - 2.30pm	Virtual Microsoft teams	

Being Passionate About Parenting with Spectrum Awareness

4 -11years

A 3 week workshop for Parents / Carers of young people aged 4 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes: Fact and Fiction about the

Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

Day	Week1	Week2	Week3	Time	Where	Availability
Wednesday 25 th	25 TH January	1 st February	8 th February	6.30 - 8.30p m	Virtual Microsoft teams	Full
Tuesday	21 st February	28 th February	7 th March	10.00- 12.00	Virtual Microsoft teams	
Thursday	2 nd March	9 th March	16 th March	6.30- 8.30p m	Virtual Microsoft teams	
Friday	10 th March	17 th March	24 th March	10.00 - 12noon	Virtual Microsoft teams	

Take 3 12-17 years

5 weeks

A 10 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

Day	Week 1	Week 2	Week 3	Week 4	Week 5	Time	Where	Availability
Thursday	12 th Jan	19 th Jan	26 th Jan	2 nd Feb	9 th Feb	6.30- 8.30	Virtual Microsoft teams	Full
Wednesday	1 st March	8 th March	15 th March	22 nd March	29 th March	6.30- 8.30	Virtual Microsoft teams	

Take 3 12-17 years

10 weeks face to face

A 20 hour workshop for parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work.

Day	Wk1	Wk2	WK3	WK4	Wk5	Wk6	Wk7	Wk8	Wk9	Wk10	Time	Venue
Tues	10 th Jan	17 th Jan	24 th Jan	31 st Jan	7 th Feb	21 st Feb	28 th Feb	7 th Mar	14 th Mar	21 st Mar	10.00- 12.00	Newquay Family Hub
Mon	27 th Feb	6 th Mar	13 th Mar	20 th Mar	27 th Mar	17 th Apr	24 th Apr	1 st May	8 th May	15 th May	10.00- 12.00	Malpas Family Hub Truro

Being Passionate about the Teenage Brain

A 6 hour workshop for Parents / Carers of young people aged 12 to 17 (Secondary years 7 to 11). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims of the workshop include: To build relationships with our young people. To develop positive strategies to support behaviour management. To provide support, information and confidence to Parents/ Carers. Topics in this workshop include: boundaries and communication, emotions, keeping calm, praise, the teenage brain, parenting styles etc.

Day	Week 1	Week2	Week 3	Time	Where	Availability
Thursday	23 rd February	2 nd March	9 th March	10am – 12noon	Virtual Microsoft teams	

To book a place or for further information please contact the Early Help Hub.

- 01872 322277 Email: earlyhelphub@cornwall.gov.uk
- www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/parents-carers-early-help-requests